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## **EXPERIENCING THE CELESTINE PROPHECY WITH HEMI-SYNC®**

*by Pauline Cox Johnson*

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In his inspiring story of one man's search for truth, James Redfield speaks to all of us who have been engaged in such a quest. He tells us that humanity is embarking on a profound spiritual transformation. First we see synchronicity everywhere—strange coincidences full of meaning, indications of supernatural guidance. Then we begin to understand the architecture of history and those forces which are propelling us toward a confrontation with our own grand evolution. Next we begin to perceive auras and energy fields around all living things. We learn to consciously manipulate our own energy and, as the intensity of our collective search for ultimate truth accelerates, we take a giant step forward in humanity's evolution. We enjoy mystical illumination, heal childhood traumas, eradicate the causes of conflict, and comprehend our true purpose until—finally—we vibrate out of this plane of existence into a reality of pure energy.

Much of this will certainly resonate with echoes for all of us who are familiar with Robert Monroe's work and TMI's mission. Redfield's provocative ideas, like Monroe's, serve as a challenge to raise our collective consciousness and to increase our awareness of what can be accomplished once we learn how.

The vision of facilitating such evolution by combining Redfield's prophecies with Hemi-Sync called strongly to me and to Raymond Waldkoetter, a fellow member of the Professional Division. Reading and enjoying Redfield's book is one thing; experiencing it would be quite different. What more valuable service could Ray and I offer than a journey to bring the unconscious into consciousness? And what better tool than Hemi-Sync to create the optimal mental, physical, and emotional environment for such a quest? This was the origin of our seminar called the *Celestine Prophecy Experience*.

We wanted to provide seminar participants with an opportunity to transform their awareness and enjoy a sense of spiritual progress as they moved through Redfield's nine insights. Nine Hemi-Sync tapes were selected, each one carefully chosen to enrich the exploration of a particular insight. By encouraging levels of consciousness beyond our usual physical and mental boundaries, the sound patterns would facilitate more profound experiences and

understanding. Monroe tapes, with their unparalleled ability to complement and support such exploration, were integral to the seminar's vision.

We knew that each person who felt drawn to participate would be starting the journey from a different point and would aspire to a different destination. The seminar would have to allow for uniquely individual experiences and for the participants to benefit from the supportive, empowering energy of the group. Ray and I spent months exploring, developing, and refining our ideas. Our efforts were affirmed and encouraged by the renowned student of the human mind, C. G. Jung, who wrote in *Memories, Dreams, Reflections*: "My life is a story of the self-realization of the unconscious. Everything in the unconscious seeks outward manifestation, and the personality too desires to evolve out of its unconscious conditions and to experience itself as a whole."

The *Celestine Prophecy Experience* made its successful debut as a weekend seminar in Chicago in 1994. Since then it has traveled to other parts of the country and will continue to do so with either Ray or psychologist Chok Hiew, PhD, as cofacilitators. Chok is also a member of the Professional Division and adds his oriental Chayoi Fanhuan Qigong healing methods to the group's energy when he joins us. I have long believed that our purpose for being here on this planet, at this time, is to move from where we have been to progressively higher and higher levels. For many of the wonderful people who have shared this journey with us, the seminar has proven to be a fruitful source of the energy required to propel themselves to the next level. The intense personal experiences of seminar participants have ranged from reunion with departed loved ones to out-of-body travel, connection to innate improvement of bodily recognizing, dealing with, and letting go of fear, healing old wounds, and accessing universal knowledge.

One of the seminar meditations directs the group to take an adult look into the eyes of our parents as they appeared to us when we were young. One man reported that he had been unable to remember his father's eyes. Exploring this, he realized that his father had been away at war for a significant part of his childhood. The returned soldier remained emotionally absent because of the unrelenting grip of war-time memories. This insight led to compassion for his father's experiences and important healing.

A young woman who had never before meditated learned that the human form, with the limited personality it contains, is not the self. She came to recognize that we are actually infinite and one with the Universe, subject to none of the limitations of time or space. The same atoms of hydrogen, nitrogen, oxygen, and carbon make up clouds, trees, flowers, animals, and our own bodies, and these atoms are constantly shifting and changing. This awesome view of her place in the immensity of the Universe was life-changing. She turned to the group for ideas on how she might convey her weekend experience to her husband. Their goodhumored reply: "Guess what, honey? I'm God!"

To one seminar came a group of friends, members of the same organization in which they had been trained to “hear” a particular sound. They were thrilled to recognize that sound on all the Monroe tapes, perceiving it as assurance of Hemi-Sync’s connectedness to Truth.

A man who attended another *Celestine Prophecy Experience* was deeply depressed over the death of his mother, who had suffered greatly in her last days. His mother appeared to him, communicated her happiness and fulfillment, and was very clear about it being time for him to get on with his life.

A recent widow, still grieving the loss of her husband of many years, was also struggling with a troubled teenage grandson she had taken into her home. During the seminar, her husband provided answers to her many questions about how to handle the new challenges she was facing.

An IRS manager emerged from one Hemi-Sync meditation feeling strong vibrations in her hands and shared with us that she had been given the gift of healing.

Another participant reported, “I talked with Big Mother. I mean THE BIG MOTHER.”

A professional woman traveled out of body to a familiar neighborhood. She was able to identify locations, received relevant information, and viewed past and future events.

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